



**Maria Droste
Counseling Center**SM

Colorado's Center for Mental Health

2023 Annual Report





2023 Annual Report

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Who We Are

Our Mission:

We provide accessible, community-centered, high-quality mental health counseling and clinical training. We serve those seeking healthier lives, regardless of ability to pay.

Our Vision:

Maria Droste Counseling Center seeks to be the leader in high-quality, sustainable, and innovative mental health programs and services for underserved populations. Maria Droste intends to cultivate a strong internal culture for all members: therapists, staff, and board.

Our Values:

Community: *We are committed to promoting a culture of belonging and embracing our differences. We cultivate partnerships that are socially responsible and respect diversity in all its forms.*

Learning: *We are passionate learners dedicated to self-awareness and continual growth. We help clients with personal growth to achieve a higher level of fulfillment.*

Service: *We make a difference by empowering one another with accountability and compassion. We respect the dignity of those we serve by delivering accessible, quality care.*

Commitment: *Our policies and statements are more than words. They are a guiding ethos in all we do.*

Board of Directors

Terms are January - December 2023 unless otherwise denoted



PRESIDENT & HR CHAIR

Demetrius Parker

Training & Organizational Development,
City and County of Broomfield

VICE PRESIDENT

Michelle Wiley MA, LPC (January - April)

Organizational Design Consultant,
Michelle Wiley LLC

David Telpner (May - December)

Sr. Business Development Manager, T-Mobile

TREASURER

Eric Cornejo (January - May)

Retired, Financial Services

Taryn Watson (June - December)

Commercial Relationship manager,
Community Banks of Colorado

SECRETARY

Patrice Hawkins (January - February)

Deputy Executive Director, Denver Human
Services

Yumi Perkins, MA, LPC (March - December)

Owner, New Fish Coaching

CHIEF EXECUTIVE OFFICER

Sandra T. Mann, PsyD

Ex Officio, MDCC

BOARD MEMBERS

Akshat Patel

Investment Associate, Partners Group

Aliena Martinez (January - March)

COO, Latino Leadership Institute

Ben Beadle-Ryby (January - October)

Cofounder, AKASA

Bragg Hemme

Healthcare Shareholder, Polsinelli

Claudia Crosse-Wynn, M.A, LPC (Jan. - Aug.)

Behavioral Health Counselor, Colorado Coalition

Lauren Wood, PhD

Assistant Professor of Psychiatry, University of
Colorado School of Medicine

Manit Lohani (January - August)

Director of HR & Legal Applications, Zayo Group

Richard Altman, MD (January - July)

Assistant Professor of Medicine, UC Denver

Scott Worrell

Managing Director, Newmark Knight Frank

Shannon E. Groves (January - July)

Director of Government Relations, KPCO

Lenny Torres, LPC

Licensed Clinician



Services & Programs

Our Children First Program embeds mental healthcare into school communities, so students can receive support where they learn. In 2023, we served a total of **19** schools, supporting a total of **520** students, ages 5 to 18.

Our Integrated Care Program brings mental healthcare into communities where people live or receive services to reduce barriers to mental healthcare. Through this program, we were able to reach **205** of people in the Denver Metropolitan Area, including older adults and survivors of domestic violence.

Through our Options Program we saw an unprecedented rise in outreach. Our Access Center experienced an increase in clients interested in our various programs, resulting in **10,851** session hours for our Options Program alone.

We continued to improve and expand our Survivor's Mental Health Program (SMHP) and were able to provide **427** subsidized sessions to this population.

NUMBER OF 2023 CLIENT SESSIONS AT A GLANCE

Children First: 4,191
Integrated Care: 1,375
Options: 10,851
SMHP: 427

TOTAL: 16,844

Data represents unaudited statistics based on electronic health records

2023

PROGRAM PARTNERS

- American Indian Academy of Denver
- Bryant-Webster Dual Language School
- Colfax Elementary
- Corey Elementary
- Denver Center for 21st Century Learning
- Dora Moore
- Doull Elementary
- DSST College View High School
- Embark Education
- Highline Academy (Northeast Campus)
- KIPP NE Denver Leadership Academy
- KIPP NE Denver Middle School
- KIPP Sunshine Peak Academy
- McAuliffe Manual Middle School
- Montclair School of Academics and Enrichment
- Montessori Academy of Colorado
- Montessori Children's House of Denver at Park Hill
- North High School
- Vilas School District RE-5
- Commerce City Community Campus
- Kavod Senior Life
- Rose Andom Center
- Women's Bean Project



Random Sampling of 2023 Client Satisfaction Surveys

MDCC aggregates Client Satisfaction Survey (CSS) data to ensure anonymity for our clients. The 2023 CSS indicated that 98.9% of clients are satisfied with the services received agency-wide and 100% of clients in our Options program, which houses the Survivors Mental Health Program (SMHP), reported that they were satisfied with their therapist and the services that they'd received. Additionally, 100% of clients in the Options program reported that the quality of services received was "good" or "excellent".

The 2023 CSS also asked clients to describe the quality of their experience in the SMHP program. Responses to the question, "What was most important to you about the therapy services you received?" from surveys distributed in 2023 include the following:

"This is the first time I have been able to work with someone who understands what I am experiencing. And she puts it in a way that I can understand and I'm treated like I'm an equal"

"having a voice that is shared with someone who actually listens with care and concern"

"The most important thing was that someone understood my cultural and religious experiences and was able to provide me with therapy that lined up with my values"

"Non-judgemental space, care and concern for my experience, goal setting.

"Making my son feel heard, valued, and safe"

"That's a tie between the validation, and the education. I never knew that a lot of therapy is digging into and learning yourself, and that went much smoother when I felt valid in my life and actions."





Maria Droste
Counseling CenterSM

Clinical Training, Internships, & Volunteers

Since 1994, the University of Denver, the University of Colorado, Naropa University, Regis University, Metro State University and more have been trusting Maria Droste with training hundreds of graduate students in their counseling degree programs. Over the years, Maria Droste has launched over **850** new therapists into their mental health careers after training at MDCC.

In 2023, we worked with **59** interns from **9** universities and **9** postgraduate fellows, providing high-level training to the next generation of therapists through our Clinical Training Program.

University Partners

Malone University
Metropolitan State University of Denver
Naropa University
The Citadel
University of Denver
University of Arizona Global Campus
University of Colorado at Denver
University of Denver
University of Pennsylvania



2022-2023 Clinical Training Cohort

Maria Droste Counseling Center currently estimates in-kind contributions for 2023, comprised of uncompensated services of professionals and volunteer services as the following:

TOTAL NUMBER OF DONATED HOURS:

24,132

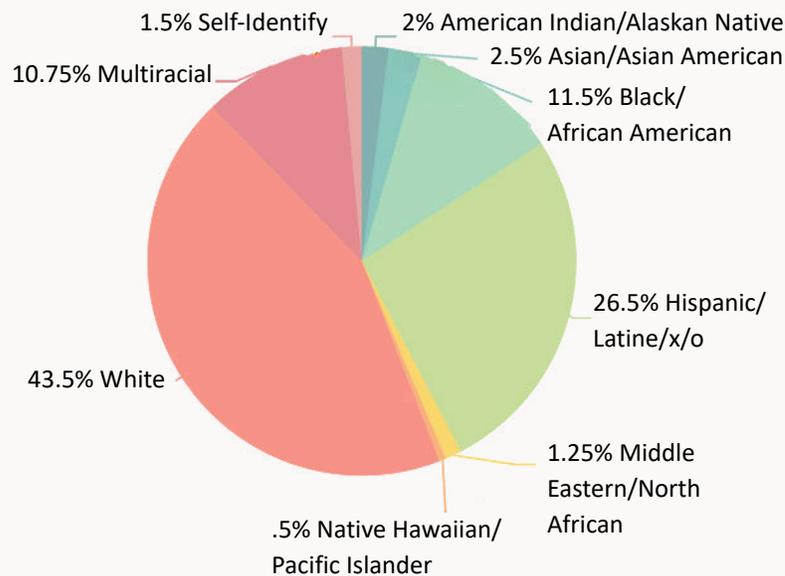
TOTAL VALUE OF IN-KIND SERVICES:

\$787,753

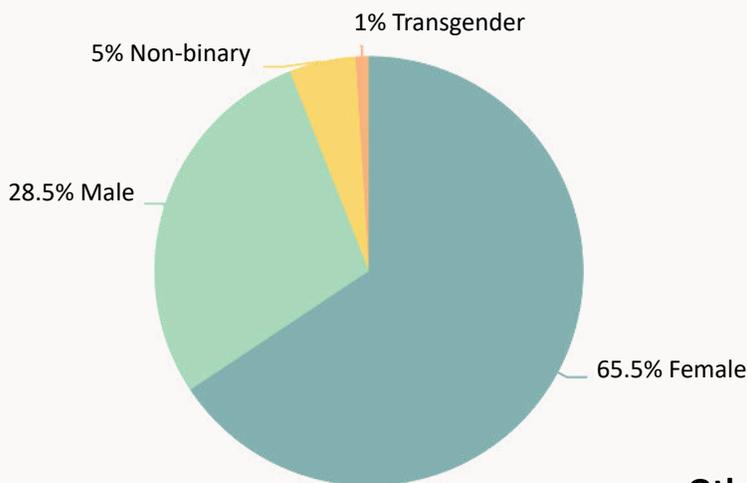
2023 Client Demographics

Maria Droste Counseling Center is dedicated to providing clients with the best possible care while respecting the dignity and individuality of each. We strive to ensure that counseling services are accessible to, and inclusive of, underserved populations in the community. We are committed to fostering a culture of inclusiveness that values individual differences and provides all clients with fair treatment and equal opportunities to reach their goals.

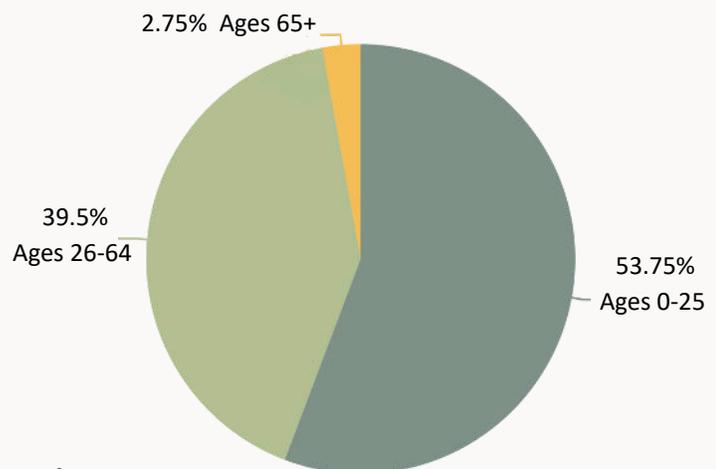
Ethnicity/Race



Gender



Age



Other Categories

- Unhoused Individuals: 5.5%
- Refugees/Immigrants: 5.5%
- Individuals with disabilities: 13%
- LGBTQ+: 19%

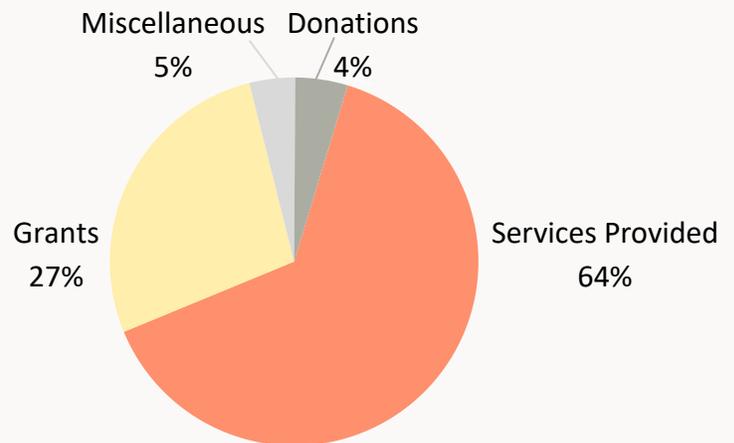


2023 Financials

Maria Droste relies on a diverse mix of funding sources to ensure financial stability and sustainability. Grants and donations help support our mission-driven programs and cover operational costs, while income from therapeutic services provides a steady revenue stream that supports service delivery. Miscellaneous sources, such as event proceeds or in-kind contributions, add flexibility and help fill funding gaps. This diversified approach allows us to adapt to changing financial circumstances and continue providing essential services to our community.

Sources of Revenue

Services Provided	64%
Grants	27%
Charitable Donations	4%
Miscellaneous	5%



DID YOU KNOW?

Maria Droste's unique model of service with a sliding scale fee allows counseling to those who otherwise could not afford it.

Community Events

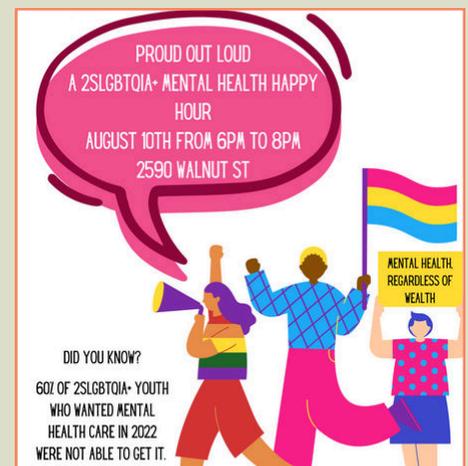
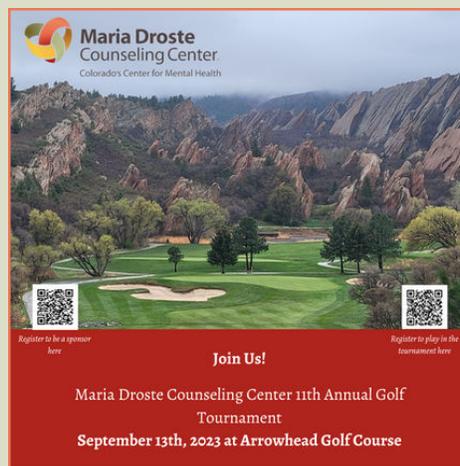
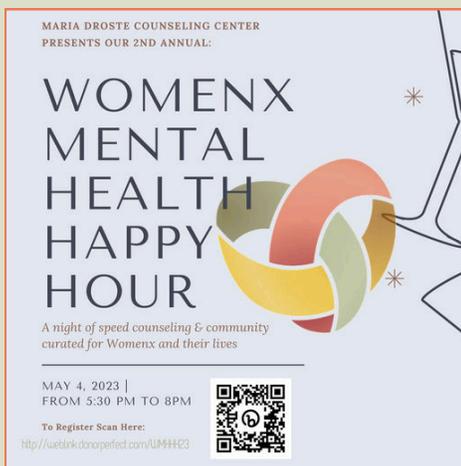


Community engagement has always been a pillar of our agency. Profits from various events help offset discounts provided via our sliding scale model. Thank you to the following organizations and individuals for sponsoring and supporting our 2023 events:

Affordable Dental & Implants
 Arrow Clinical Trials
 Collegiate Peaks Bank
 eCreek Technology
 Elevated Title Co.

G&G Consulting
 Hunter Hook
 Insperty
 Jennifer Bater
 Joel Chapa

Nancy Dale Designs
 Nan Desu Kan
 Polsinelli
 Zim Consulting



Supporting Accessible Mental Health Services

At Maria Droste Counseling Center, we partner with organizations at local, state, and national levels to provide mental health services to individuals who may not be able to afford them otherwise. Our distinctive service model is made possible through collaborations with various foundations, contributors, and agencies, along with the generous support of individual donors and clients.

We also engage with a range of local, state, and federal grantors. Each funder has a specific purpose that facilitates the implementation of new programs, workforce development initiatives, and the expansion of our services. In 2023, our key grantors supported our Children First program, enabled us to launch the Diversifying the Workforce initiative, and continued our efforts to assist victims of crime and individuals struggling with substance use disorders.



COLORADO
 Behavioral Health
 Administration



COLORADO
 Division of Criminal Justice
 Department of Public Safety



Maria Droste Counseling CenterSM

Colorado's Center for Mental Health

The Legacy Society was created to increase our donor engagement and highlight the importance of our donor base in making our mission possible. In response to a growing demand for services, we established The Linda E. McKinzie Endowment Fund in 2020. This fund continues to grow and will ensure counseling access will remain in perpetuity.

Thank you to all of our donors for supporting our community!

Estate Society Reserved for individuals who have included Maria Droste Counseling Center in their estate plans and wish to leave a legacy as a mental health champion.

Linda McKinzie

Sue Kamler

Century Society Reserved for individuals who have donated over \$10,000 cumulately to Maria Droste Counseling Center in the last year.

Catherine and Jay Reano

Maria's Protectors Reserved for individuals who have donated \$1,000 to \$9,999 cumulately to Maria Droste Counseling Center in the last year.

Aaron Oberg

Larry Tobin

Alma Tisher

Lauren Wood Gallanis

David Billmeier

Matt Chiodini

Demetrius Parker

Michael Wakefield

Eulalia McKinzie

Nancy Alterman

Evan Brunick

Nathan Werda

Jason Guerrero

Patti Klinge

Jennifer Bater

Robbie Redlin

Jim Donovan

Russell K. and Susan Haskell

Dr. Joel Chapa

Susan and Paul J. Walker

Dr. Jonathan Mann Psy.D.

Yumi Perkins

Karen Polzin



Legacy Society (Continued)

Maria's Supporters Reserved for individuals who have donated up to \$999 cumulately to Maria Droste Counseling Center in the last year.

Abel Behane	Elan Jones
Alex George	Elizabeth Black
Allan R. Brown	Eric Leskovar
Allen Pierce	Eve Bowen
Alyson Cookes	Fran A. Schroeder
Alyson Slatkin	Gary Pochynok
Amber Abeyta	Heather Rera
Amber Shellenbarger	Dr. Howard Lambert Ph.D.
Andrew & Estelle Drance	Hunter Hook
Anita Koury	Ian Topelson
Anne Hatcher	Jean Greenberg
Barb Rigel	Dr. Jeffery Maen
Ben Holley	Jeremy Devoss
Bradley Conover	Joel Silverman LPC
Bryce Jones	John Farrell
Bryon Geman	John Moore
Candace & Robert Frie	Jon Thompson
Carrie Backes	Joyce E. Radcliffe
Cera Santistevan	Justin Baltz
Chagit Gibor	Kara Lenhoff
Cindy Altberger	Kathleen Higgins
Claudia Crosse-Wynn	Kathryn Jens
Colleen McManamon	Kathy & Stephen O'Leary
Cymone Williams	Katie Winter
Danelle Herra	Dr. Ken Krause MD
David Telpner	Kenji O. Chapa
Destina Baca	Kevin Dempsey
Diane Yule	Kim Fitzgerald
Edwin Bautista	Kim Stromgren
	Kristin Battenfield



Legacy Society (Continued)

Maria's Supporters (Continued): Reserved for individuals who have donated up to \$999 cumulately to Maria Droste Counseling Center in the last year.

Lauren Mast	Robert Jeffers
Leah Miller	Robert Southward
Leonard Torres	Roberta Richardson
Leonardo Bermudez	Ryan McDonough
Linda Brown	Ryan Thurber
Linda Garcia	Sara M. Kammer
Dr. Linda Reinstein M.D.	Sarah Clark
Lisa Engbar	Sarah Hite
Lori Crane	Scott Kempton
Mac McGinnis	Scott Larson
Dr. Margit Cox Henderson Ph.D.	Sharon Hwang
Marilyn Wholey	Stephanie Adamson
Mark Upshaw	Stephanie Hayutin
Mary Brooks	Sterling Crowe
Mattson Smith	Steve Shappell
Michele Delpo	Dr. Stewart & Christine Nyholm
Michele Santi	Susann Gordon
Mike Cassano	Suzann D. Ficco
Molly Staton	Dr. Suzanne Hamm
Nancy Kay Contizano	Suzette Gasca
Nathan Trojan	Tammy Hayutin
Nicole Lohani	Tim Wadle
Paige Wilson	Todd Larabee
Paula Pacini	Troy Blessing
Randy Unruh	Valerie Principe
Rhonda Crossen	Wendy Klein